MIDLAND REFRIGERATED SERVICE TRANSIT SCHEDULES SERVICE TO/WITHIN ATLANTIC CANADA

ACCEPTED TEMPERATURE RANGES - FRESH 32°F-36°F / FROZEN 0°F

	MONTRÉAL	QUÉBEC	NB/NS/PE
TUESDAY	TUESDAY	TUESDAY	TUESDAY
DELIVERY TIME			
MONDAY	MONDAY	MONDAY	MONDAY
MONDAY	MONDAY	MONDAY	MONDAY
MONDAY	MONDAY	MONDAY	MONDAY
FRIDAY	FRIDAY	FRIDAY	FRIDAY
FRIDAY	FRIDAY	FRIDAY	FRIDAY
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PICKUP POINT	TORONTO	MONTRÉAL	QUÉBEC	NB/NS/PE	
PICKUP DAY	THURSDAY/FRIDAY	THURSDAY/FRIDAY	THURSDAY/FRIDAY	THURSDAY/FRIDAY	
DESTINATION	DELIVERY TIME				
CORNER BROOK, NL	FRIDAY	FRIDAY	FRIDAY	FRIDAY	
GRAND FALLS, NL	FRIDAY	FRIDAY	FRIDAY	FRIDAY	
ST. JOHN'S, NL	FRIDAY	FRIDAY	FRIDAY	FRIDAY	
BRIDGEWATER, NS	TUESDAY	TUESDAY	TUESDAY	TUESDAY	
DARTMOUTH, NS	TUESDAY	TUESDAY	TUESDAY	TUESDAY	
KENTVILLE, NS	TUESDAY	TUESDAY	TUESDAY	TUESDAY	
SYDNEY, NS	TUESDAY	TUESDAY	TUESDAY	TUESDAY	
TRURO, NS	TUESDAY	TUESDAY	TUESDAY	TUESDAY	
YARMOUTH, NS	TUESDAY	TUESDAY	TUESDAY	TUESDAY	
CHARLOTTETOWN, PE	TUESDAY	TUESDAY	TUESDAY	TUESDAY	
BATHURST, NB	TUESDAY	TUESDAY	TUESDAY	TUESDAY	
EDMUNDSTON, NB	TUESDAY	TUESDAY	TUESDAY	TUESDAY	
FREDERICTON, NB	TUESDAY	TUESDAY	TUESDAY	TUESDAY	
MONCTON, NB *	TUESDAY	TUESDAY	TUESDAY	TUESDAY	
SAINT JOHN, NB	TUESDAY	TUESDAY	TUESDAY	TUESDAY	

 \cdot * All major distribution centres within Moncton will be delivered Monday.

• For all points not listed, please contact Midland Customer Service at 1-888-MIDLAND or customerservice@midlandtransport.com.

• INTRA-MARITIME SERVICE - Pickup of temp controlled product is not available from Fredericton or Edmundston.

Schedule subject change without notice.